**Evidence of competence in working independently**

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| **1** The best example. |  |
| **2** Context: brief details of the work undertaken, for whom and where it was undertaken. |  |
| **3** Level of responsibility for the work in question. The scale and scope of the work. |  |
| **4** Size or scope of the work  Undertaken. |  |
| **5** Outcomes: what I achieved. |  |
| **6** Contribution of this work to any larger project or team work. How this work linked to the work undertaken by other people. |  |
| **7** How I organised my work in order to motivate myself and meet targets. |  |
| **8** What worked well for this example of independent work? |  |
| **9** What lessons did I learn from this example of independent work? |  |
| **10** How would I manage independent work differently on another occasion? |  |
| **11** How typical is this example for me (a daily/weekly/occasional/rare occurrence)? |  |
| **12** Brief details of a recent (or second) example. |  |
| **13** Brief details of a third, preferably contrasting, example. |  |
| **14** How could this competence be applied to other situations? |  |
| **15** How do I measure my success for this competence? |  |